Pre/Post-Learning Assessment

Please choose the statement that best describes your own skill level.

	I can do this task well.	I would not need help	I might need help.	I would need help.	I do not know how to do this task.
Example: I can drive a car.	✓				
I know how to turn on a computer.					
I know how to locate and open Internet Explorer.					
I know how to locate the shift key on a keyboard and to use it to capitalize the first letter of my name.					
I know how to type a web address.					
I understand the meaning of different kinds of cursors, and what they tell me about how to interact with a form.					
I know how to use a mouse to click on a link, to drag an object, to navigate a form using a scroll bar, to select fields on a form or to select text in a field.					
I know how to use a mouse wheel to navigate a form using a scroll bar.					
I know how to drag a window to move it's position on a screen.					
I know how to navigate a form using a scroll bar and a mouse.					
I know how to navigate fields on a form.					
I understand how to use a checkbox on a computer form.					
I know how to close a popup window using a mouse.					
I know how to double-click an icon to start a program on a computer.					
I know how to close a form on a computer.					
I know how to send an email message using Gmail.					
I know how to safely shut down a computer.					